

Lara Ditrich

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Education

2023	Teaching Certificate ("Baden-Württemberg Zertifikat für Hochschuldidaktik")
2018	Workshop "Big Data Module I: Introduction to Data Science with Python" Methodsseminar (GESIS Cologne)
2013 – 2017	PhD at the Leibniz-Institut für Wissensmedien (Tübingen) / Eberhard-Karls University of Tübingen Title of PhD-Thesis: "When friends turn foes: How norm-deviance motivates confrontation and escape in social groups"
2008 – 2013	Diploma in Psychology, Philipps-University Marburg

Research Experience

2017 - today	Postdoctoral Researcher at the IWM
2018	Visiting Researcher at the University of Salzburg (Eva Jonas)
2013 – 2017	PhD student at the IWM
2010 – 2011	Research Assistant at Philipps-University Marburg

Academic Functions & Memberships (selection)

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- Spokesperson of the Postdoc Network "Cognitive Conflicts During Media Use" at the IWM (2020-2021)
 - Ad-hoc reviewer for 17 peer-reviewed journals (e.g., Computers in Human Behavior, GPIR, JCMC, JESP, Nature Climate Change, PSPB)
 - Reviewer for third-party funders (DFG, U.S. National Science Foundation)
 - Reviewer for the German General Psychology Conference (DGPs): Vienna 2024
 - Full member of EASP, SPSP, DGPs

Third-Party Funding (last 5 years)

2022	Research Grant "Angry about the past, anxious about the future? Testing two emotion-based pathways to collective action"(DFG; ca. 280.000 €)
2021	Research Fellowship "Fight or Fear? - Considering distinct emotional pathways as motivators and inhibitors of collective action" (Margarete von Wrangell-Programm, Ministry of the Sciences, Research, and the Arts, Baden-Württemberg; ca. 240.000 €; acceptance rate ~15%)

Publications**Articles in refereed journals**

- Ditrich, L., & Sassenberg, K. (in press). Threat and reactions to violated expectations in groups: Adding control to the equation. *European Review of Social Psychology*.
- Ditrich, L., Reinhardt, J., Roth, G., & Sassenberg, K. (2024). Integrative emotion regulation relates to sympathy and support for outgroups—Independent of situational outgroup behaviour. *PLOS ONE*, 19(1), e0296520. <https://doi.org/10.1371/journal.pone.0296520>
- Hampel, N., Sassenberg, K., Scholl, A., & Ditrich, L. (2024). Enactive mastery experience improves attitudes towards digital technology via self-efficacy – a pre-registered quasi-experiment. *Behaviour & Information Technology*, 43(2), 298–311. <https://doi.org/10.1080/0144929X.2022.2162436>
- Pummerer, L., Ditrich, L., Winter, K., & Sassenberg, K. (2023). Think about it! Deliberation reduces the negative relation between conspiracy belief and adherence to prosocial norms. *Social Psychological and Personality Science*, 14(8), 952–963. <https://doi.org/10.1177/19485506221144150>

- Ditrich, L., Lüders, A., Jonas, E., & Sassenberg, K. (2022). You gotta fight! – Why norm-violations and out-group criticism lead to confrontational reactions. *Cognition and Emotion*, 36(2), 254-272. <https://dx.doi.org/10.1080/02699931.2021.2002823>
- Sassenberg, K., Winter, K., Becker, D., Ditrich, L., Scholl, A., & Moskowitz, G. B. (2022). Flexibility mindsets: Reducing biases that result from spontaneous processing. *European Review of Social Psychology*, 33(1), 171-213. <https://dx.doi.org/10.1080/10463283.2021.1959124>
- Wroblewski, D., Scholl, A., Ditrich, L., Pummerer, L., & Sassenberg, K. (2022). Let's stay in touch: Frequency (but not mode) of interaction between leaders and followers predicts better leadership outcomes. *PLOS ONE*, 17(12), e0279176. <https://doi.org/10.1371/journal.pone.0279176>
- Ditrich, L., Gedeon, E. Z., & Sassenberg, K. (2021). Favouring a Disunited Kingdom? How Negative Perceptions of the EU-Referendum Relate to Individual Mobility and Collective Action Considerations. *Journal of Social and Political Psychology*, 9, 37-51. <https://doi.org/10.5964/jspp.5547>
- Ditrich, L., Landkammer, F., & Sassenberg, K. (2019). What if my colleague was wrong and I was right? The impact of counterfactual mindsets and interpersonal focus on written communication and decision making in a hidden profile task. *Acta Psychologica*, 192, 118-125. <https://dx.doi.org/10.1016/j.actpsy.2018.11.003>
- Ditrich, L., Lüders, A., Jonas, E., & Sassenberg, K. (2019). Leader's group-norm violations elicit intentions to leave the group – If the group-norm is not affirmed. *Journal of Experimental Social Psychology*, 84, 103798. <https://dx.doi.org/10.1016/j.jesp.2019.03.009>
- Sassenberg, K., & Ditrich, L. (2019). Research in Social Psychology Changed Between 2011 and 2016: Larger Sample Sizes, More Self-Report Measures, and More Online Studies. *Advances in Methods and Practices in Psychological Science*, 2, 107-114. <https://dx.doi.org/10.1177/2515245919838781>
- Ditrich, L., & Sassenberg, K. (2017). Kicking out the trolls – Antecedents of social exclusion intentions in Facebook groups. *Computers in Human Behavior*, 75, 32-41. <https://dx.doi.org/10.1016/j.chb.2017.04.049>
- Ditrich, L., Scholl, A., & Sassenberg, K. (2017). Time to go! Leaving the group in response to norm-deviations. *Journal of Experimental Social Psychology*, 73, 259-267. <https://dx.doi.org/10.1016/j.jesp.2017.07.005>
- Ditrich, L., & Sassenberg, K. (2016). It's either you or me! Impact of deviations on social exclusion and leaving. *Group Processes and Intergroup Relations*, 19, 630-652. <https://dx.doi.org/10.1177/1368430216638533>

Chapters in edited books

Klimmt, C., Sowka, A., Sjöström, A., Ditrich, L., Gollwitzer, M., & Rothmund, T. (2016). Wie Journalisten mit sozialwissenschaftlicher Evidenz umgehen: Erkenntnisse aus einem Workshop. In G. Ruhrmann, S. H. Kessler, & L. Guenther (Eds.), *Wissenschaftskommunikation zwischen Risiko und (Un-)Sicherheit* (pp. 75-90). Köln: Halem.

Teaching / Supervisor Experience

- (Co)-Supervisor of 3 PhD students (ongoing)
- Supervision of Bachelor and Master Theses on questions related to ecological and social sustainability, consequences of norm-violations, intergroup emotions, emotion regulation, and prosocial behavior
- Teaching in social and economic psychology (e.g., collective action, emotions and emotion regulation, social psychology of economic processes, stress, diversity, organizational culture, emotional labor)

Science Communication

01/2024	Contribution to the Online Magazin inMind on emotions in the context of climate change: Kleinhansl, M., & Ditrich,L. (2024). Sorge und Ärger, Hoffnung und Stolz: Welche Klimagefühle gibt es und wie hängen sie mit unserem Verhalten zusammen? <i>Das In-Mind Magazin</i>
11/2022	Interview for the DFG 2022 annual report
09/2022	Invited talk "Reactions to violated expectations in groups - Of chucking out bad apples and packing your bags." As part of the public webinar series "Grandes Ideas en Psicología y Neurociencias" at the University Pública de Navarra (UPNA); Spain
11/2019	Invited talk on norms, norm violations, and power at the itz Tübingen